



6-DAY BICYCLE TOUR

The 2020 P4P 6-day bicycle tour includes a one-day fun ride. Ride from September 21-26, 2020.

Enjoy the camaraderie of this boutique ride, limited to 30 riders. The ride starts in Occidental, CA. Riders will enjoy touring through the majestic redwoods, fertile valleys, farmlands and vineyards of Northern California.

The 6-day ride is approximately 250 miles, or about 50 miles +/- per day.

Registration for the 6-day ride will begin April 15, 2020, and includes a custom designed jersey, rider support on the road, accommodations and most meals

ONE-DAY BICYCLE RIDE

One day P4P ride at Knox Presbyterian Church, Santa Rosa, Saturday, September 26, 2020

Choose from a 5, 15, and 45 miles on bike trails and rural roads of west Sonoma County. Fun for the recreational cyclists and families.

7th Annual Northern California Bike Tour

September 21 -26, 2020

All funds raised are donated to Northern California Food Banks for local food pantries and one international hunger relief project. Donations help many grassroots food pantries that are struggling to provide quality protein. Food such as canned tuna, peanut butter, canned beans, yogurt, eggs and more support hungry families, seniors and children along the Northern California Coast. Your support helps food pantries from the Golden Gate Bridge to Crescent City, and includes Napa, Solano and Lake Counties.

Support your community pantries with any donation: Make your check out to: **Presbytery of the Redwoods** On memo line write "P4P" and any rider's name you wish to support

Mail check to: **Presbytery of the Redwoods, 1226-A Salvador Avenue, Napa, CA 94558**
www.imathlete.com/donate/PetalforProtein2020



www.PedalforProtein.com
COME RIDE WITH US!